

Nutritional Advice

Name: Louise DeCelis

Date: 9th of August, 2018

Time of Day	Nutrient	Dosage	Use
On Rising	Lipo Super C Lipo Curcumin C3	20 mls 1 teaspoon	Liposomal curcumin and liposomal C – causes apoptosis of bad cells, anti-inflammatory, absorption by 90%.
Breakfast	Biogest	1 capsule 5 minutes before food	Boosts up stomach chemicals and enzymes for absorption of nutrients especially zinc, magnesium, alkaline minerals
	Genistein	2 capsules with food	Blocks VEGF, EGF, FGF – proteins that feed angiogenesis for tumor growth.
	Resveratrol 500	2 capsules with food	Encourages tumor destruction, protects against radiation.
In Between	Ribraxx	1 sachet mixed in water	Boosts up NK cells to kill cancer cells, boosts neutrophils
Lunch	Biogest	1 capsule 5 minutes before food	As Above
In Between	Ribraxx	1 sachet mixed in water	As Above
Dinner	Biogest	1 capsule 5 minutes before food	As Above
	Genistein	2 capsules with food	As Above
	Resveratrol 500	2 capsules with food	
Before Bed	Lipo Super C Lipo Curcumin C3 Liposomal Mag	20 mls 1 teaspoon 2 teaspoons	As Above Alkalises your system

Smoothie

1 scoop of Thermo Phase Detox (phase 1 and 2 liver detoxification, remove toxins)

1 big teaspoon of COLOSTRUM (boosts up gut immunity)

1 scoop of COLLAGEN (Fixes up the gut lining, repairs any damage, silica based)

1 teaspoon of GIT Immunobiotic (fixes up the GIT lining, repairs the holes leaky gut)

1 sachet of RIBRAXX (boosts up NK cells, neutrophils to fight cancer)

Cacao

Important Points

- We need to get you to drink the right water – alkaline water is important for you – it helps to alkalise your system to oxygenate. I will get you onto an ULTRASTREAM – this is the best cancer-fighting water – put no tap.
- I will give you a handout of a 'ketogenic' cancer fighting diet – this will help block any insulin feeding to tumors.
- If you can find a great near far infrared
- VERITA LIFE in THAILAND – we should get your information there to find out what protocol they would do
- Slow cooked meals are great for you – throw your bone broths into this – this will help with absorption
- Miso – great for your digestive system
- MIRACLE NOODLES – you can throw these into soups, bone broths
- If juicing – just try to juice greens – these are very good for you – parsley, celery, kale etc.
- If making salads – use hemp oil on the salads – apple cider vinegar – hemp is an anti-inflammatory
- Most important for curcumin, resveratrol, quercetin, Vitamin D, RIBRAXX
- C OIL is very important – I will give you dosages
- Organise a RGCC test as soon as possible – I will organise today
- 5 extra tubs – you want them to test their CANNABIS OIL, ASEA (I will give you), GcMAF (they will provide)
- START with 0.8 ml per day – alternating each of the oils. Then slowly increase if you need for the pain – we can go up from here.

Blood Tests

Vitamin B12

Vitamin D

Zinc

T Cell Lymphocyte Subset

Iron Studies including ferritin

Tumor marker – Ca15-3, CEA

CRP/ESR